



Earn wellness rewards with Rally



Complete wellness activities by December 31, 2023 to earn up to \$250 in eGift cards or HSA contributions. For activities completed in 2023, employees can reduce their 2024 medical plan premium.

Not a Republic Services medical plan member? While you're not eligible to earn eGift cards or HSA contributions, you're still welcome to join Rally® and take advantage of all the activities designed to help you move more, eat healthier and feel better.

\$25

• **You must complete the health survey on Rally first**

Earn \$25 and unlock other opportunities to earn. **Activities must be completed during the 2023 plan year.** To get started, register or log in at mybenefits.republicservices.com and click on the Rally tile.

• **Complete as many activities as you can to earn max rewards**

Unless noted, incentives apply to all Republic Services medical plan members (UnitedHealthcare, Kaiser and Blue Cross Blue Shield).

\$25

• **Complete 3 of 5 Rally Quizzes**

\$75

• **Get your annual physical or preventive screening from your doctor***

\$125

• **Complete a biometric screening**



Your spouse can also earn up to \$250 if enrolled on your medical plan.

Total maximum rewards:
\$250 per employee + \$250 per spouse = \$500 total

Get started by taking your Health Survey today!

Visit mybenefits.republicservices.com and click on the Rally tile or call **1-800-980-7507**.

* Awarded based on claims data or a completed attestation. Check your health plan for details.

These programs should not be used for emergency or urgent care needs. In an emergency, call 911 or go to the nearest emergency room. The information provided through these services is for informational purposes only and provided as part of your health plan. Program nurses and other representatives cannot diagnose problems or recommend treatment and are not a substitute for your doctor's care. Please discuss with your doctor how the information provided is right for you. Your health information is kept confidential in accordance with the law. This is not an insurance program and may be discontinued at any time.

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